

## Giving Thanks to Whom Thanks is Due Psa 30:1-12

I will extol You, O LORD, for You have lifted me up, And have not let my foes rejoice over me.  
2 O LORD my God, I cried out to You, And You healed me. 3 O LORD, You brought my soul up from the grave; You have kept me alive, that I should not go down to the pit.

4 Sing praise to the LORD, You saints of His, And give thanks at the remembrance of His holy name. 5 For His anger *is but for* a moment, His favor *is for* life; Weeping may endure for a night, But joy *comes* in the morning.

6 ¶ Now in my prosperity I said, "I shall never be moved." 7 LORD, by Your favor You have made my mountain stand strong; You hid Your face, *and* I was troubled.

8 I cried out to You, O LORD; And to the LORD I made supplication: 9 "What profit *is there* in my blood, When I go down to the pit? Will the dust praise You? Will it declare Your truth? 10 Hear, O LORD, and have mercy on me; LORD, be my helper!"

11 You have turned for me my mourning into dancing; You have put off my sackcloth and clothed me with gladness, 12 To the end that *my* glory may sing praise to You and not be silent. O LORD my God, I will give thanks to You forever.

There are various ways of looking at this Psalm by various writers. We will not spend any time on the title as there does not seem to be a clear consensus as to what it is referring.

The Psalmist breaks into rapturous joy in the first 3 verses.

He then turns to the other saints to enlist their praise and thanksgiving to God in 4 and 5.

Next he gets to the specifics of the reason for his praise and thanksgiving in 6 and 7.

Then he enumerates the petitions of his prayer to the Lord while he was being afflicted in 8 - 10.

And finally he describes his praise and thanksgiving to the Lord in 11 and 12.

- I. I will extol You, O LORD,
  - A. for You have lifted me up,
  - B. And have not let my foes rejoice over me.
  - C. 2 O LORD my God, I cried out to You, And You healed me.
  - D. 3 O LORD, You brought my soul up from the grave;
    1. You have kept me alive,
    2. that I should not go down to the pit.
- II. 4 You saints of His,
  - A. Sing praise to the LORD,

- B. And give thanks at the remembrance of His holy name.
- C. <sup>5</sup> For His anger *is but for* a moment,
  - 1. His favor *is for* life;
- D. Weeping may endure for a night,
  - 1. But joy *comes* in the morning.
- III. <sup>6 ¶</sup> Now in my prosperity I said, "I shall never be moved."
  - A. <sup>7</sup> LORD, by Your favor You have made my mountain stand strong;
- IV. You hid Your face, *and* I was troubled.
- V. <sup>8</sup> I cried out to You, O LORD; And to the LORD I made supplication:
  - A. <sup>9</sup> "What profit *is there* in my blood, When I go down to the pit?
  - B. Will the dust praise You? Will it declare Your truth?
  - C. <sup>10</sup> Hear, O LORD, and have mercy on me; LORD, be my helper!"
- VI. <sup>11</sup> You have
  - A. turned for me my mourning into dancing;
  - B. You have put off my sackcloth and clothed me with gladness,
    - 1. <sup>12</sup> To the end that *my* glory may sing praise to You and not be silent.
    - 2. O LORD my God, I will give thanks to You forever.

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